

COURSE OVERVIEW

This course provides participants with the knowledge and skills to apply first aid procedures (including CPR), prior to the arrival of additional medical assistance. The content and practical scenarios covered in this course conform with the Australian Resuscitation Council (ARC) guidelines.





CONTACT US
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ENTRY REQUIREMENTS & RESOURCES

- There are no formal entry requirements, but participants musthave Sound, Language, Literacy and Numeracy skills.
 - We recommend year 10 school completion or equivalent as a guide to the level required for this
- course.
 - We ask that you wear clothing that is comfortable and not too restrictive to allow you to comfortably
- perform CPR and other practical activities.
 You must wear enclosed footwear at all times while training with us.

DURATION & DELIVERY MODE

- This course is delivered and & assessed face-toface in a classroom based learning environment.
 The course is one day of class-based delivery and one day ofself-paced learning to complete a pre-course theory assessment.
- 1 day (8.5 hours) face-to-face delivery (8 hours, plus 30 mins break).

Our course includes 3 components:

- Pre-course theory assessment (approx 8-10 hours)
- Theory and Practical training (face-to-face delivery)
- Assessment for both knowledge & skills
 The theory & practical training & assessment
 components includes assessment in both adult
 and baby manikins and includes the use of:
- A Bronchodilator (asthma)
- An auto-injector Epipen (anaphylaxis)
- A defibrillator

POTENTIAL JOB ROLES

- This program has a very broad application in all sectors of the community and all workplaces and industry. It does not directly lead to a defined employment outcome in its own right, but is a component of a set of skills that can lead to employment or assist with maintaining conditions of employment.
- For example, all teachers and childcare workers and educators need to maintain currency, as do many other workplace First Aid and WHS positions.

- Recognise an emergency situation
- Identify, assess and manage immediate hazards to health and safety of self and others
- Assess the casualty and recognise the need for first aid response.
- Assess the situation and seek assistance from emer gency response services
- Perform cardiopulmonary resuscitation (CPR) in accordance with Australian Resuscitation Council (ARC) guidelines.
- Provide first aid in accordance with established first aid principles.
- Display respectful behaviour towards casualty.
- Obtain consent from casualty where possible.
- Use available resources and equipment to make the casualty as comfortable as possible.
- Operate first aid equipment according to manufacturer instructions.
- Monitor the casualty s condition and respond in accordance with first aid principles.
- Accurately convey incident details to emergency response services
- Report details of incident to workplace supervisor as appropriate.
- Maintain confidentiality of records and information in line with statutory and/or organisational policies
- Recognise the possible psychological impacts on self and other rescuers involved in critical incidents.
- Participate in debriefing to address individual needs.

COURSE FEES:

- \$115
- All learning materials included, no additional costs.
- On successful completion of the training you will receive a Statement of Attainment for HLTAID011 Provide first aid.
- This is a nationally recognised qualification valid aroundAustralia

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